



Athletics at the Boys & Girls Club of Corvallis

Contact:

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Description

In our community, the Boys & Girls Club of Corvallis (BGCC) is the primary provider of elementary and middle school developmental sports that prepare youth for high school sports and a life of healthy physical activity. Utilizing program materials developed by our national affiliate, Boys & Girls Club of America, we proactively prepare youth in Corvallis for a lifetime of healthy habits with the following afterschool sports programs: basketball, volleyball, cheerleading, track & field, T-ball, and flag football. Summer camps and clinics provide opportunities for elementary and middle school-aged youth to learn introductory skills in sports including archery and baseball skill development. Our athletics philosophy is built on strong coaching and mentoring, athletic and personal skill development, and ensuring that each athlete has rewarding experiences that keeps them coming back year after year to stay active. Afterschool athletics programs give youth a chance to build a lasting healthy physical regimen and learn to meet the US Department of Health and Human Services Guidelines that recommend 60 minutes of vigorous daily physical activity. With the addition of a gym in our high school teen center, we will be expanding recreational opportunities for youth who do not make high school sports teams.

Following each season, survey responses will help us evaluate and improve coach engagement, and athletes' physical and personal skill development. We solicit responses for improvement and/or modification for the implementation and execution of each sport. The following measures show the impact of our athletics program:

Ninety percent (90%) of youth and families have positive experiences.

Sixty-Five percent (65%) of youth report exercising for sixty (60) minutes per day.

Timeframe

The Club offers athletics programs year-round. Sports are offered quarterly with summer dedicated to introducing unique athletic opportunities to a variety of youth with a summer camp structure. Camps and clinics include archery and basketball, volleyball, track & field, cheer, flag football, and basic baseball skills. All of The Club's services are offered as a response to our community's needs. Our Club began as a youth serving athletic organization after our school district cut athletics programs due to funding. In 2012, we recognized a need for girls' athletics programs and altered our programs to increase opportunities for girls, who have increasingly participated in sports after strategic recruitment and programmatic developments. Currently girls' participation and boys' participation are equal. The Club serves 1,200 youth in athletics currently.

Funding

Funds are always in need to support our athletics programs and to keep participation and uniform costs low for families who cannot afford the more expensive and exclusive sports offered privately in our community. We charge a participation fee for all sports with a sliding scale based on income. We recruit sponsors for teams to subsidize the actual costs of our youth sports program.

Date Accepted: 10/29/2018



Equity and Accessibility:

Club leaders are trained in Pacific Education Group’s Beyond Diversity Courageous Conversations protocol to intentionally build equity in our service delivery and processes. We held a two-day training on September 12-13th. Together with our community partners, we will create an environment where staff not only understands multiple perspectives, but also seek to transform our service delivery so that socially dominant cultures are not establishing norms, which is counterproductive to our equity efforts. Future trainings will include more partners. The Club is fully accessible and meets ADA standards.

Approvals:

N/A

Community Action Plan (CAP) Objectives:

LT6: Access to Healthy Lifestyles

Partners:

Jefferson Parks & Recreation

Scio Youth Club

Philomath Youth Activities Club

Brownsville Rec Center

Dallas Kids Inc.

Central Youth Sports

Boys & Girls Club of Albany

Boys & Girls Clubs of Greater Santiam.

The Corvallis Elks Club, annual Basketball Hoop Shoot sponsor

Corvallis Parks & Recreation

Corvallis Public School District